



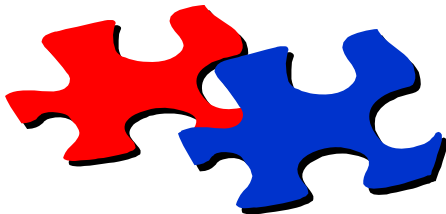
5th Piecing It All Together: How Children's Mental Health & Mental Illness Affect Family, School & Community

March 7 & 8, 2008
Southern Illinois University
Edwardsville, Illinois

Registration Info

To register, fill out the registration form, one per attendee. You may copy the registration form as needed. Mail your completed registration by **February 22, 2008 to:**

NAMI Madison County
2100 Madison Ave., 4th floor
Granite City, IL 62040



Registration will be taken on a first-come, first-serve basis, limited to 325 participants. If the conference is filled, you will be placed on a waiting list. Do not assume automatic acceptance. An e-mail or confirmation postcard will be sent to each attendee. Registration includes both days of the conference, continental breakfast and lunch each day. If you have already registered and are unable to attend the conference, please contact:

**The NAMI Office at 618-798-9788 or
email: NAMI-PIAT@hotmail.com**
No refunds will be given after Feb. 22, 2008

This way your space may be given to another attendee. Technical assistance or special accommodations will be provided upon request. Please indicate your needs on the registration form.

◆ A hospitality room will be available for conference attendees.

Continuing Ed.

Several collaborating entities are approved sponsors of continuing education for teachers, speech and language pathologists, social workers, early intervention providers, occupational therapists, physical therapists, childcare providers, foster parents, licensed clinical professional counselors, and school psychologists. Certificates of Attendance with contact hours will be provided. Participants can earn up to 12 hours of continuing education credits.

Hotel Info

SIUE does not have a hotel connected to their conference center. However, we have made arrangements with three nearby hotels to provide a limited number of rooms for attendees at a special rate. Please call the NAMI office for more information.

■ **Country Hearth Inn & Suites (618) 656-7829.** It's conveniently located 3 miles north of I-270 at intersection of Center Grove Rd. and Hwy 157. <http://www.countryhearth.com/hotels/il-edwardsville.asp>

■ **Comfort Inn (618) 656-4900** From Chicago: I-55 to I-270 W. exit 9 (Hwy 157 N.), hotel is at top of the bluff.

<http://www.choicehotels.com/ires/en-US/html/HotelInfo?hotel=IL423>

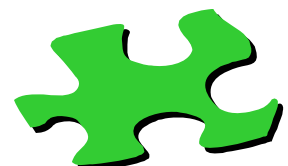
■ **Hampton Inn (618) 589-5000** From Chicago: I-55 to I-270 W. exit 9 (Hwy 157 S). <http://www.hamptoninn.com> (for location: Glen Carbon)



◆ Agency and organization exhibits will be available during the conference.

◆ Exhibitor tables may be reserved for agencies and organizations interested in sharing pertinent material with conference participants. Table spaces are limited. Contact the NAMI office or email NAMI-PIAT@hotmail.com for details.

◆ Ads are also available in our program book that will be given out to participants at the conference. If you are interested in advertising, please contact the NAMI office or email NAMI-PIAT@hotmail.com



Keynote Speakers

Carol Kranowitz, M.A.

**Friday, March 7, 2008
9:00 a.m. - 10:00 a.m.**



Sensory Processing

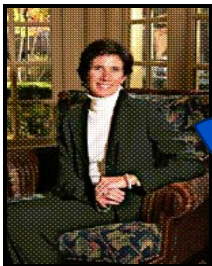
Carol Kranowitz is the author of *The Out-of-Sync Child*, the bestseller that demystifies Sensory Processing Disorder (SPD). She is also the editor-in-chief of *S.I. Focus* magazine, a quarterly devoted to improving the lives of children and adults with sensory processing issues.

Carol, a preschool teacher for 25 years, has observed many young children with SPD. Today she teaches parents, educators, and other professionals how sensory issues play out and suggests activities for addressing them at home and school.

Carol's books and DVD's, published by Perigee Books and Sensory Resources, include *The Out-of-Sync Child*; *The Out-of-Sync Child Has Fun*; *The Out-of-Sync Child* video; a children's book, *The Goodenoughs Get in Sync*; and *Preschool SENSory Scan for Educators* (a tool for therapists working with teachers). Carol received her B.A. from Barnard College and M.A. in Education and Human Development from George Washington University. Carol lives in Maryland.

Darcy Gruttadaro, J.D.

**Saturday, March 8, 2008
9:00 a.m. - 10:00 a.m.**



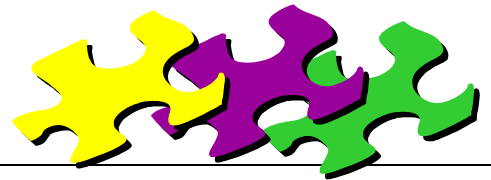
Evidence-Based Practices

Darcy E. Gruttadaro, J.D. is the Director of the NAMI National Child and Adolescent Action Center. Under Ms. Gruttadaro's direction, the Center is focused on driving the debate in reforming the children's mental health system, advancing evidence-based and family-driven promising practices and advocating for increased research on early-onset mental illnesses.

The Center has built effective partnerships and coalitions to further NAMI's advocacy goals. Ms. Gruttadaro is also the creator and Editor of *NAMI Beginnings*, a quarterly national magazine dedicated to issues impacting children and adolescents living with mental illness and their families.

Before joining NAMI, Ms. Gruttadaro worked as an independent legal advisor and policy analyst for the American Managed Behavioral Healthcare Association (AMBHA). In 1999, she worked with an inter-disciplinary team at the University of California at Berkeley, School of Public Health. Ms. Gruttadaro practiced law with the law firm of Harris Beach & Wilcox where she concentrated her practice on health care and psychiatric care related issues. She earned her Juris Doctor degree from Western New England College School of Law and her B.S. degree from Clarkson University.

2008 PIAT Conference Schedule



Friday, March 7, 2008

8:00 a.m. Registration & Continental Breakfast

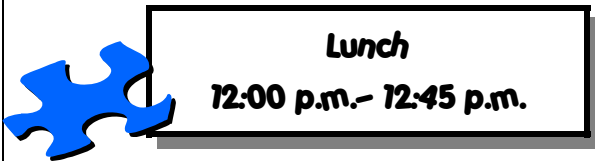
9:00 a.m. - 10:00 a.m. Keynote Speaker

- ◆ Carol Kranowitz/ Sensory Processing Disorder Stories from a Lifetime of Teaching

10:15 a.m. - 11:45 a.m.

Workshop Session 1—Select One

- ◆ Carol Kranowitz/ Catching Kids Before They Fall: Identifying Sensory Issues in Children
- ◆ Colette Lueck/Guidelines for School-Community Partnerships
- ◆ Jeremy Jewell/Treating Difficult & Unmotivated Adolescents



1:00 p.m. - 2:30 p.m.—Select One

Workshop Session 2

- ◆ Carol Kranowitz/The Effect of SPD on “Out-of-Sync” Children’s Learning and Behavior
- ◆ Sue Cahalan/Survival Strategies for Families: Managing Rage & Other Related Issues
- ◆ Eugene Oulvey/Illinois on the Cutting Edge: Adolescents, Recovery & Employment
- ◆ Stephen Hupp & Shannon Dyson/If Parenting Seems Easy, You’re Doing It Wrong: Review of Evidence-Based Parenting Support Programs

2:45 p.m. - 4:15 p.m.—Select One

Workshop Session 3

- ◆ Carol Kranowitz/ Fun and Functional Activities for Kids with SPD
- ◆ Kim Adams/Walking on Egg Shells – A New Perspective - Parent Panel Discussion
- ◆ Kim Miller & Colette Lueck/Family Leadership & Support Initiative
- ◆ George Smith & Arlinda Jones–Abekasis/ Adolescents and Co-Occurring Disorders

Saturday, March 8, 2008

8:30 a.m. Registration & Continental Breakfast

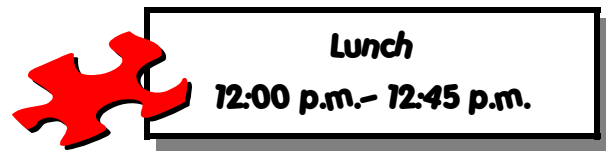
9:00 a.m. - 10:00 a.m. Keynote Speaker

- ◆ Darcy Gruttadaro/Evidence-Based Practices

10:15 a.m. - 11:45 a.m.

Workshop Session 1—Select One

- ◆ Darcy Gruttadaro/Parents & Teachers As Allies
- ◆ Dr. John Constantino/The Development, Prevention, and Treatment of Serious Conduct Problems in Children/Adolescents
- ◆ Jennifer Pautsch/Preschool Depression: Identification of Symptoms and a Novel Psychotherapy



1:00 p.m. - 2:30 p.m.—Select One

Workshop Session 2

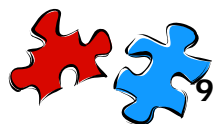
- ◆ Patricia Konjoian & Gina Gallagher/Shut Up About Your Perfect Kid
- ◆ Lynn Berry/Siblings...Unique Experiences, Needs, and Opportunities
- ◆ Tracy Anglada/Helping Children with Bipolar Disorder Succeed at Home, in School and Beyond

2:45 p.m. - 4:15 p.m.—Select One

Workshop Session 3

- ◆ Foster Parents’ Perspective
- ◆ AJ French/Wellness Recovery Action Planning (WRAP)
- ◆ Bethany Hill-Anderson/Twice Exceptional: Meeting the Needs of Academically Gifted Children with Mental Health Issues





Friday, March 7, 2008

9:00 a.m. - 10:00 a.m. Keynote

Carol Kranowitz, M.A.

Sensory Processing Disorder (SPD)
Stories From a Lifetime of Teaching

Sensory Processing Disorder (SPD), a developmental problem, can affect children's movement, learning, language, and social-emotional skills. Children may feel incompetent, unworthy, and unloved. Through parent-teacher-professional collaboration and sensory-motor experiences, hope and help are at hand for these children. This presentation is suitable for all audiences.

10:15 a.m. - 11:45 a.m. (Select one)

Carol Kranowitz, M.A.

Catching Kids Before They Fall:
Identifying Sensory Issues in Children

Research led by Lucy Jane Miller, PhD, OTR, reveals important differences in the physiologic make-up of children with Sensory Processing Disorder. Dr. Miller's "Sensory Challenge Protocol" will be discussed and a video ("Learning About Learning Disabilities" - by Judith Reisman) which focuses on the emotional impact of SPD will be shown.

Colette Lueck

Guidelines for School-Community Partnerships

This presentation will describe Guidelines for School-Community Partnerships developed by the School Age Committee of the Illinois Children's Mental Health Partnership. It will focus on the need for partnerships and steps to developing effective and sustainable partnerships. Strategies for addressing barriers to forming partnerships will be discussed.

Jeremy Jewell, Ph.D.

Treating Difficult and Unmotivated Adolescents

This presentation will inform mental health professionals regarding methods to enhance treatment efficacy with adolescents who are unmotivated or difficult to treat. The presenter will draw from personal experience, as well as cognitive and developmental theory, to explain why the typical "adult" therapy experience is poorly suited for adolescents. This presentation may be of interest to practitioners working with adolescents as well as parents of adolescents.

1:00 p.m. - 2:30 p.m. (Select one)

Stephen Hupp, Ph.D. and Shannon Dyson, B.A.

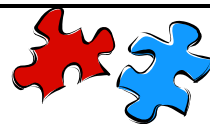
If Parenting Seems Easy, You're Doing It Wrong:
Review of Evidence-Based Parenting Support Programs

The purpose of this presentation will be to share with parents and professionals the results of the American Psychological Association's task force on evidence-based practice with children. These evidence-based interventions will have a significant parent component.

Sue Cahalan, J.D.

Survival Strategies for Families:
Managing Rage & Other Related Issues

Rage is a common symptom in many mental illnesses afflicting children and adolescents. Learn how to help your child recognize when the rages are beginning, how to de-escalate, and techniques parents/caregivers can use in managing the rage experience. This session will highlight rage survival strategies.



1:00 p.m. - 2:30 p.m. (continued)

Eugene Oulvey

Illinois on the Cutting Edge:
Adolescents, Recovery & Employment

An overwhelming body of evidence suggests that adolescents with severe mental illness can benefit from employment, launching work careers, and recovery from mental illness and addictions. Illinois has assumed a leading role in developing Evidence-Based Supported Employment (EBSE) services. The presentation will focus on the research, support, and available services.

Carol Kranowitz, M.A.

The Effect of SPD on "Out-of-Sync"
Children's Learning and Behavior

Some children are "out-of-sync," responding atypically to touch, movement, sight and sound. They don't behave as we expect - not because they WON'T, but because they CAN'T. SPD causes misinterpretation in the central nervous system of sensations coming from their bodies and surroundings. Come learn how SPD plays out and about sensible strategies that help children with this common, but misunderstood, developmental problem.

2:45 p.m. - 4:15 p.m. (Select one)

Kim Adams, facilitator

Walking on Egg Shells - A New Perspective
A Parent Panel Discussion

This session will focus on our family life with children diagnosed with mental illnesses and disorders. The session will provide new techniques and shortcuts and, in the process, teach participants how to relax and take care of themselves.

Kim Miller and Colette Lueck

Family Leadership & Support Initiative

The Illinois Children's Mental Health Partnership (ICMHP) has developed a new statewide initiative to build an infrastructure for family leadership and support within the children's mental health system in Illinois. This session will explain the development of this statewide structure for multi-agency partnerships that promote parent and caretaker leadership and involvement.

George Smith and Arlinda Jones-Abekasis

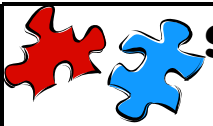
Adolescents and Co-Occurring Disorders

The occurrence of Substance Abuse and Mental Health problems for adolescents has been increasing in severity for the past couple of decades. 72% of adolescent marijuana users entering drug treatment also identified *two or more psychiatric syndromes*. This presentation is designed to explain to parents and treatment professionals the dynamics of co-occurring addiction and mental health problems.

Carol Kranowitz, M.A.

Fun and Functional Activities for Kids with SPD

Parents, teachers and other professionals can easily incorporate invigorating and fun sensory-motor activities into their children's home and school experiences. These activities help kids get in sync by emphasizing social interaction, heavy work, messy and not-so-messy play, body awareness, and a lot more to assist the child with calming down.



Saturday-March 8, 2008

9:00 a.m. - 10:00 a.m. Keynote

Darcy Gruttadaro, J.D.
Evidence-Based Practices

We now know a lot about effective interventions for children and adolescents with mental illnesses. Yet, interventions often fail to reach those children and families who need them most. More must be done in states and communities to implement evidence-based practices in children's mental health. This session will explore some of the progress that has been made and steps that should be taken to close the research-to-practice gap.

10:15 a.m.-11:45 a.m. (Select one)

Darcy Gruttadaro, J.D.
Parents & Teachers As Allies

Schools are increasingly being called on to address mental health related issues in students. Students with undiagnosed and untreated mental illnesses cannot learn and often fail to develop critical social skills. NAMI has developed a national in-service education program designed to help professionals recognize the early warning signs of mental illnesses and how to effectively communicate mental health related concerns with families. This session will provide an overview of the in-service education program.

Dr. John Constantino, M.D.
The Development, Prevention, and Treatment of Serious Conduct Problems in Children/Adolescents

This workshop will cover current science of Conduct Disorder and Delinquency, how these problems arise, how targeted public health efforts can prevent them, and how to best treat them once they occur. Behavioral strategies, management of co-occurring conditions, and specific treatment of abnormally aggressive behavior will also be reviewed and discussed.

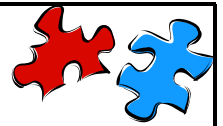
Jennifer Pautsch M.A., LPC
Preschool Depression: Identification of Symptoms and a Novel Psychotherapy

Jennifer was with us last year, but there have been some breakthroughs that she wants to share with us. Jennifer will begin by laying a foundation of current scientific findings about preschool depression from the Early Emotional Development Program (EEDP) at Washington University School of Medicine. Findings from this research have led to the development of a novel treatment intervention for depressed preschoolers and their caregivers. Participants will learn the rationale & fundamentals of the intervention, including valuable techniques that will enhance the parent-child relationship, reduce parent/child conflict & oppositional behavior, and enhance the child's emotional developments.

1:00 p.m. - 2:30 p.m. (Select one)

Lynn Berry
Siblings...Unique Experiences, Needs & Opportunities

This presentation will offer parents and professionals opportunities to learn about the experiences of siblings of children with mental illness. Information will be provided about unique challenges siblings face, opportunities for support and collaboration by family members, teachers and service providers



1:00 p.m. - 2:30 p.m. (continued)

Patricia Konjoian and Gina Gallagher—authors of
"Shut Up About Your Perfect Kid!"

Today, more than ever, our society is obsessed with perfection, especially when it comes to children. So what's a parent of a child that's not the star athlete or Rhodes Scholar to do? Two sisters raising daughters with disabilities invite you to join them as they explore the humorous, heartwarming side of raising children with disabilities. The authors will have you laughing and viewing the positive side of raising "imperfect" children.

Tracy Anglada
Helping Children with Bipolar Disorder Succeed at Home, in School and Beyond

This presentation will target parents, educators and caregivers of children with bipolar disorder. It will give an overview of bipolar disorder and an intimate look at how it affects children. It will look at abnormal brain regions in pediatric bipolar disorder as well as how it affects the child's ability to learn and function at school, home and outside environments. It'll focus on interventions, accommodations and positive supports that will help the child succeed.

2:45 p.m. - 4:15 p.m. (Select one)

Foster Parent Perspective

This presentation will address what foster/adoptive parents are seeing in today's society through the children that are being placed in their homes. These speakers will share their daily experiences with various mental illnesses and what they are doing to stabilize and help these children fit into today's society.

Bethany Hill-Anderson, Ph.D. (ABD)
Twice Exceptional: Meeting the Needs of Academically Gifted Children with Mental Health Issues

Many parents and professionals do not understand the characteristics and needs of academically gifted children, which often lead to troubled relationships and underachieving students. But what happens when gifted children also display signs of mental illness? Gifted children with mental illness are judged as being quirky or just "different." What many parents, educators, counselors and administrators do not realize is that the needs of many of our most able students are, in fact, being ignored - they are truly left behind. This presentation will address characteristics and needs of academically gifted children who have mental health issues including ADHD, Bipolar, OCD, Asperger's, and depression. The perspectives and roles of families, schools, and community will be discussed.

AJ French
Wellness Recovery Action Planning (WRAP)

WRAP is a worldwide recovery initiative adopted by the Illinois DHS, Div. of Mental Health. Originally, a mental health education curriculum for adults, it is now available for children/adolescents. WRAP is a personalized plan written for and by the individual. It includes recovery principles, wellness tools, and a plan of action ranging from daily maintenance to post-crisis. Persons living with mental illness are not the only ones who can benefit from developing a WRAP. Some agencies have provided "organizational WRAP" for staff members. Parents have also benefited from WRAP, especially when covering the recovery principles of hope and self-advocacy.

***We proudly recognize our COLLABORATORS/SPONSORS
for the 2008 Piecing It All Together Conference (As of Dec., 2007)***

Alton Community Unit School District #11 (ACUD #11)

CenterPointe Hospital

Chestnut Health Systems

Child & Family Connection #21

Community Counseling Center of Northern Madison County

Family Life Consultants (Collinsville, Staunton & Vandalia)

Family Matters Parent Training and Information Center (Effingham)

Gateway Regional Medical Center (Granite City)

Illinois Federation of Families

**Illinois State Board of Education Support & Technical Assistance Regional Network
(STAR NET Region IV)**

IMPACT, INC.

Karla Smith Foundation

LINC, Incorporated – Living Independently Now Center, Inc.

Madison County 708 Mental Health Board

National Alliance on Mental Illness (NAMI) Madison County

Riverbend Head Start and Family Services (Madison County)

St. Clair County 708 Mental Health Board

St. Clair County Youth Coalition

Southern Illinois University – Edwardsville

Department of Social Work;

Department of Special Education & Communication Disorders;

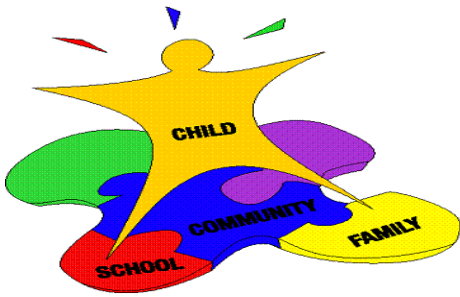
Disability Support Services;

New Horizons (an organization for students with disabilities and those interested in disabilities)

Wabash and Ohio Valley Special Education District (WOVSED)

and

parents and families of children with mental illness



5th Piecing It All Together Conference

March 7 & 8, 2008

Southern Illinois University at Edwardsville

Morris University Center

NAME: _____

ADDRESS: _____

CITY: _____ COUNTY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ WORK/CELL PHONE: _____

E-MAIL: _____
(Please print legibly)

Special Accommodations required: _____

Information for program/event planning to serve your needs:

I am the parent - grandparent - foster parent - guardian - of a child with mental illness

I am a medical - mental health professional

I am an educator – school social worker – school psychologist – administrator

I am a child care provider

Other _____

If you have a child with a mental illness, please answer the following:

Male Female Age(s): _____

Major or primary mental illness: ADD/ADHD Anxiety Disorder Autism Bipolar Disorder

Depression Eating Disorder OCD ODD Schizophrenia

Tourette's Syndrome Sensory Integration Dysfunction Other _____

Registration Fees (Check One)

FAMILY MEMBER/CAREGIVER \$50.00 PROFESSIONAL \$125.00

- Please make check or money order payable to: [NAMI Conference Fund](#)
- Registrations must be postmarked no later than February 22, 2008
- No refunds given after February 22, 2008

Mail to:



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Granite City, Illinois 62040

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(866) 332-5338 fax

Email: NAMI-PIAT@hotmail.com

NAMV Madison County
2100 Madison Ave, 4th Floor
Granite City, IL 62040



**5th 'Piecing It All Together' Conference:
How Children's Mental Health & Mental Illness
Affect Family, School, & Community**

March 7 & 8, 2008

**Southern Illinois University
at Edwardsville**

